



1951 Bench Rd, Ste B
Pocatello, ID 83201

TREADMILL STRESS TEST

Your appointment for the Treadmill Stress Test has been scheduled for:

_____, _____, 20__ at ____:____ am/pm

Please arrive and check-in 10 minutes early for this appointment.

ALL PATIENTS: Do not take your blood pressure medication the day of the treadmill test, unless otherwise instructed by your provider.

MEN: Bring or wear comfortable clothes and appropriate shoes for walking. Cardio-sensors (sticky pads) will be placed on your chest and arms. In some instances, it may be necessary to shave some of the chest hair for these pads to stick properly and conduct clear information.

WOMEN: Bring or wear comfortable clothes and appropriate shoes for walking. Please do not apply body lotions, oils, and/or powders, on the day of the test. We will require a bare chest (no bra or upper undergarments). A hospital gown will be provided so you will be covered during the test.

If you are unable to keep the treadmill test appointment, please kindly notify our office at least 24-hours in advance.

Thank you,

The staff at InterMountain Medical Clinic
(208) 238 – 1000